

Soul of the Caribbean Sailing Company
A Virgin Islands Adventure

What to Bring!

Pack light and use a small to medium duffel bag that can be folded and stowed away.

1. PASSPORT – PASSPORT - PASSPORT
2. Sun Screen.
3. Hat - maybe two - sometimes they blow away.
4. At least two Swim Suits.
5. Beach Towels.
6. White sole athletic shoes or boat shoes - No dark soles. They will leave marks on the white surface of the boat or leather boat shoes.
7. Digital Camera. We can download and copy to CD your pictures if you bring the cord to attach to the computer.
8. If using a film camera - bring plenty of film but be very careful of airport xrays...
9. Disposable underwater camera - I recommend that you bring more than one. In fact bring as many as you can. They will cost \$20 or more in the islands.
10. Prell Shampoo- Prell does not leave salt residue on skin or hair and you will find this beneficial to use after a day of snorkeling and swimming.
11. Not too many clothes! - A few shorts and shirts.
12. Personal items.
13. Sunglasses - maybe two pair - you may lose one.
14. If you wear corrective lens bring an extra pair.
15. Your favorite CDs- the boat has a 12 disc CD changer.
16. A good book to read if you need to stay out of the sun. We do have a small library of donated books.
17. Cash and a credit card - Travelers checks are ok, but some places in the British Virgin Islands charge a fee to cash them. Do not bring a DISCOVER card most places will not take them. VISA and MASTERCARD can be used in most places.
18. You may bring snacks. Some will be provided for you.
19. Chap Stick with SPF.
20. Health Insurance card

*Remember, No matter how light you pack you will probably bring too much!

*The expected temperature for your trip will be 70-75 degrees in the evening and 85-92 degrees during the day with steady winds of 10-15 knots.

What NOT to Bring!

1. Hard Suitcases or suitcases with hard bottoms, wheels, etc. There is no place to stow a suitcase.
2. Dark Sole Shoes.
3. Flip flops or sandals (You may wear them ashore but they are too dangerous while on the boat and they will leave marks).
4. Make-up - Only bring the bare essentials. The sun will provide you with most of your make-up needs.
5. Too many clothes - Storage space is limited.